

了解美容疗法背后的理论与科学原理，  
传授学生最新的美容疗法知识与技能。

Know the theory and science behind treatments and equip  
them with knowledge of the most up-to-date beauty techniques.



# 专业美颜技能 美容疗法

Professional Beauty Skills  
**Beauty Aesthetic Therapy  
(PBSBA)**

- ▲ 80% 实践训练  
80% Practical Skills
- ▲ 20% 理论  
20% Theory
- ▲ 1 年课程  
1 Year Learning
- ▲ 16 岁以上即可报读, 无需入学资格  
Entry Requirement: 16 Years Old & Above
- ▲ 教学媒介语以中文为主, 英文为辅  
Medium of Instruction: Chinese & Simple English



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# 专业美颜技能 美容疗法

## PROFESSIONAL BEAUTY SKILLS Beauty Aesthetic Therapy (PBSBA)

### 1 年课程 Year Course

本课程为学生提供美容护理技能，同时为毕业生担任美容中心的管理职位奠定坚实基础。本课程确保学生了解美容护理背后的理论与科学原理，传授学生最新的美容护理知识与技能。此外，本课程的教学内容及实作计划符合马来西亚技能证书 (SKM) Amali 评估的要求。学生可在完成课程后，自愿选择申请相关SKM等级的认证，进一步提升其专业资格。

This course will further advance our graduates with beauty care skills and prepare you for management positions in beauty centre. It will ensure students knowing the theory and science behind treatments and equip them with knowledge of the most up-to-date beauty care techniques. Besides, this course structure and lesson plan are designed to be eligible for SKM Amali (Practical Assessment) certification, in accordance with JPK (Department of Skills Development Malaysia) requirements. Students may choose to apply for the relevant SKM certification upon course completion.

#### 学生将学习 / Students will learn and be able to:

- 了解客户的皮肤需求并提供专业建议  
Understand the skin needs of customers and provide a professional advice.
- 关注符合健康和法规的工作环境准备  
Aware of the preparation on the working environment in line with health and safety legislation.
- 能够以正确的方法进行美容相关护理。  
Able to perform beauty related therapy in right method.
- 了解不同类型的电动护肤机。  
Understand different types of electrical facial machines.
- 了解淋巴引流疗法。  
Understand lymphatic drainage therapy.
- 了解面部淋巴系统知识。  
Understand the knowledge of facial lymphatic system.
- 了解实用的线程疗法。  
Understand the practical threading therapy.
- 了解皮肤健康的主要宏观和微量营养素。  
Understand the key macro & micro-nutrients for skin-health.
- 了解美容食物金字塔和抗氧化剂。  
Understand the beauty food pyramid and the anti-oxidants.
- 如何从身体和面部去除毛发，同时根据情况调整技法。  
Knowing how to remove hair from the body and face whilst adapting techniques according to the situationy.
- 全身按摩的准备工作及进行按摩。  
Carry out body massage preparation and perform body massage.
- 颈部护理准备工作及进行颈部护理。  
Carry out décolleté therapy preparation and perform décolleté therapy.



### 课程内容 | COURSE OUTLINE

- 皮肤科学与面部解剖学  
Skin Science & Face Anatomy
- 皮肤分析与专业咨询  
Skin Analysis & Professional Consultation
- 特色面部及颈部护理  
Signature Facial & Décolleté Treatments
- 基础美容电疗  
Essential Beauty Electrotherapy
- 美容产品零售与消费者心理学  
Beauty Product Retailing & Consumer Psychology
- 面部塑形、循环与经络疗法  
Facial Sculpting, Circulation and Meridian Therapy
- 基础化妆艺术  
Fundamental Make-Up Artistry
- 案例分析  
Case Study
- 美容治疗师须知的身体科学与解剖学  
Body Science & Anatomy for Aesthetic Therapist
- 身体皮肤分析与专业咨询  
Body Skin Analysis & Professional Consultation
- 体温疗法与美容电疗  
Body Thermal & Aesthetic Body Electrotherapy
- 美容焕肤护理  
Aesthetic Skin Renewal Treatments
- 高级美容紧致与焕肤护理  
Advanced Aesthetic Skin Tightening & Skin Revitalization Treatments
- 高级美容嫩肤与抗衰老护理  
Advanced Aesthetic Skin Rejuvenation & Anti-Aging Treatments
- 指甲护理与美甲设计  
Nail Care & Nail Art Design
- 指甲护理与美甲设计
- 实习  
Internship

\* Please note that the modules listed are indicative and may be subject to change.



### 评估标准 | ASSESSMENT

100%作业及实践练习，本课程提供美容疗法的理论20%与实践80%，聚焦于工作场所的实际应用。鼓励团队合作，让学生学会分组合作或单独工作以完成专题作业。

100% Assignment and Practical Exercises. The course offers both the theory (20%) and practice (80%) of beauty aesthetic therapy skills, with a focus on the practical application of these skills in the workplace. Teamwork is encouraged and students learn to work in groups or individual to complete their projects.



### 考取资格 | QUALIFICATIONS

英国国立西苏格兰学院专业文凭  
Diploma awarded by West College Scotland, UK



### 就业前景 | CAREER PATHWAYS

专业美容师、专业高级美容疗程师、专业美容疗程师、高级美容疗程师、美容中心管理执行员、美容中心经理、美容顾问、美容导师、开办美容院等等。

Professional Beauty Therapist, Professional Senior Beauty Therapist, Professional Skin Care Therapist, Senior Skin Care Therapist, Beauty Salon Executive, Beauty Salon Manager, Beauty Consultant, Beauty Tutor, Beauty Salon Owner, and etc.