



#### PROFESSIONAL BEAUTY SKILLS Beauty Care (PBSBC)

# **1**年课程 Year Course

本课程为学生提供美容护理技能,同时为毕业生担任美容中心的管理职位奠定坚实基础。本课程确保学生了解 美容护理背后的理论与科学原理,传授学生最新的美容护理知识与技能。此外,本课程也将培训本院毕业生成 为专业美容护理师。

This course will further advance our graduates with beauty care skills and prepare you for management positions in beauty centre. It will ensure students knowing the theory and science behind treatments and equip them with knowledge of the most up-to-date beauty care techniques. Besides, this course will also train our graduates to be a Professional Beautician.

#### 学生将学习 / Students will learn and be able to:

- 了解客户的皮肤需求并提供专业建议 Understand the skin needs of customers and provide a professional advice.
- ▲ 关注符合健康和安全法规的工作环境准备
  Aware of the preparation on the working environment in line with health and safety legislation.
- ▲ 能够以正确的方法进行美容相关护理。 Able to perform beauty related therapy in right method.
- 了解不同类型的电动护肤机。 Understand different types of electrical facial machines.
- ✓ 了解淋巴引流疗法。 Understand lymphatic drainage therapy.
- ✓ 了解面部淋巴系统知识。 Understand the knowledge of facial lymphatic system.

- ✓ 了解实用的线程疗法。 Understand the practical threading therapy.
- 了解皮肤健康的主要宏观和微量营养素。 Understand the key macro & micro-nutrients for skin-health.
- 了解美容食物金字塔和抗氧化剂。 Understand the beauty food pyramid and the anti-oxidants.
- ✓ 如何从身体和面部去除毛发,同时根据情况调整技法。 Knowing how to remove hair from the body and face whilst adapting techniques according to the situationy.
- ▲ 全身按摩的准备工作及进行按摩。
  Carry out body massage preparation and perform body massage.
- ▲ 颈椎治疗准备工作及进行颈椎疗法。 Carry out décolleté therapy preparation and perform décolleté therapy.



### 课程内容 | COURSE OUTLINE

- ·基本美容 Basic Make-u
- 专业美容治疗 Professional Beauty Therapy Treatment
- 电疗技术 Electrotherapy Skills
- 脸部循环护理 Face Circulatory Treatment

- 传统刮沙技术
   Traditional Scrapping Skills
- ·螺纹护理 Threading Care
- •耳烛护理 Ear Candle Treatment
- 内在美容营养知识
   Nutrition and Inner Beauty Knowledge
- •全身按摩与颈椎疗法 Body Massage and Déco**ll**eté Therapy
- 裹体护理 Body Wrap Treatment
- 脱毛治疗 Depilatory Treatment
- 人体热疗与身体电疗 Thermal Body Therapy and Body Electrotherapy Treatment
- \* Please note that the modules listed are indicative and may be subject to change.





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### 评估标准 | ASSESSMENT

100%作业和实践练习。本课程提供美容护理的理论20%,实践80%,聚焦于工作场所的实际应用,鼓励团队合作,让学生学会分组合作或单独工作以完成各专题作业。

100% Assignment and Practical Exercises. The course offers both the theory (20%) and practise (80%) of Beauty Care skills, with focus on the practical application of these skills in the workplace. Teamwork is encouraged and students learn to work in groups or individual to complete their projects.



# 考取资格 | QUALIFICATIONS

英国国立西苏格兰学院专业文凭 Diploma awarded by West College Scotland, UK



## 就业前景 | CAREER PATHWAYS

专业美容师、专业高级美容疗程师、专业美容疗程师、高级美容疗程师、美容中心管理执行员、美容中心经理、美容顾问、美容导师、 开办美容院、时尚活动策划师等等。

Professional Beauty Therapist, Professional Senior Beauty Therapist, Professional Skin Care Therapist, Senior Skin Care Therapist, Beauty Salon Executive, Beauty Salon Manager, Beauty Consultant, Beauty Tutor, Beauty Salon Owner, Event Planners, and etc.